

# STREATERIES LUNCH MENU



**WEEK 1**  
2/9, 23/9, 14/10, 4/11,  
25/11, 16/12, 6/1, 27/1



## MAINS

### MON

Margherita  
Pizza  
Slice and Wedges

Veggie Pepper and  
Sweetcorn Pizza **V**  
Slice with Wedges

### TUE

BBQ Cheesy  
Chicken

Butterbean  
Ratatouille **V**

### WED

Roast Gammon,  
Roast Potatoes and Gravy

Quorn Sausage,  
Roast Potatoes  
and Gravy **V**

### THU

Lasagne

Vegetable  
Lasagne **V**

### FRI

Golden Fish Fingers or  
Salmon Fingers  
and Chips

Veggie Burger  
and Chips **V**

## SIDES

Sweetcorn **V**

Apple Slaw and  
Wholegrain Rice **V**

Peas and  
Carrots **V**

Green Beans **V**

Baked Beans

## - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT **V**

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY **V**

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

## BIG BOWL SALAD

CHICKEN  
CAESAR SALAD

FALAFEL & POMEGRANATE  
COUSCOUS SALAD **V**

QUINOA & FETA  
SUPERFOOD SALAD **V**

HARISSA ROASTED  
CAULIFLOWER, CHICKPEA &  
SPINACH SALAD **V**

TIKKA CHICKEN & MINT  
YOGURT SALAD

## DESSERTS

Toffee Frozen  
Yoghurt

Sweet Potato  
Brownie

Forest Fruits  
Jelly Pots

Cookie Dough  
Apple Crumble

Jammy Thumbprint  
Biscuits

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES

## LUNCH MENU



WEEK 2

9/9, 30/9, 21/10, 11/11,  
2/12, 23/12, 13/1, 3/2



AUTHENTIC  
*Italian*

**MON**

Cheesy Tomato  
Pizza Muffins

BBQ and Sweetcorn  
Pizza Slice V

Wholegrain Pasta Salad  
and Green salad



INCREDIBLE  
INDIA

**TUE**

Chicken Tikka  
Massala

Sweet Potato & Chic Pea  
Balti V

Wholegrain Rice  
and Carrots



*Home*  
STYLE

**WED**

Roast Pork,  
Roast Potatoes  
and Gravy

Cauliflower Cheese,  
Crispy Onion Topping &  
Roast Potatoes V

Mixed Greens



*Home*  
STYLE

**THU**

Aspens  
All Day Brunch

Aspens  
All Day Veggie Brunch V

Baked Beans



*Chips  
& More*

**FRI**

Battered Fish  
and Chips

Cheese and  
Tomato Toasted  
Wrap with Chips V

Peas

### MAINS

### SIDES

### - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

### BIG BOWL SALAD

CLASSIC NICOISE  
WITH EGG

BRIGHT & LIGHT CHICKEN  
PASTA SALAD

SUPERFOOD  
GREEN SALAD

ASIAN CUCUMBER,  
EDAMAME & NOODLE SALAD

JERK CHICKEN &  
PINEAPPLE SALAD

### DESSERTS

Toffee Apple Sponge  
and Custard

Chocolate Sprinkle  
Iced Cake

Raspberry  
Coconut Jelly

Fresh Fruit  
Salad

Anzac  
Biscuits

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES

## LUNCH MENU



WEEK 3

16/9, 7/10, 28/10, 18/11,  
9/12, 30/12, 20/1, 10/2



**MON**

American Style  
Macaroni  
Cheese

Veggie Wholegrain  
Pasta Bolognese V

Carrots



**TUE**

Bangers  
and Mash

Vegetable Pot Pie  
and Mash V

Roast Root  
Veggies



**WED**

Roast Chicken,  
Stuffing, Roast  
Potatoes and Gravy

Carrot and Stuffing  
Pastry Plait V

Peas and  
Sweetcorn



**THU**

Meatballs in Tomato  
Sauce with Rice

Mild Veggie Bean Chilli  
Loaded Wedges V  
with Cheese

Broccoli



**FRI**

Golden Fish Fingers  
and Chips

Vegetable Fingers  
and Chips V

Baked  
Beans

### MAINS

### SIDES

### - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE

### - JACKET POTATOES -

TUNA MAYO - SIMPLY PLAIN

### BIG BOWL SALAD

CLASSIC GREEK SALAD  
WITH FETA & OLIVES

SQUASH, ROASTED  
VEGETABLE  
& CHICKPEA SALAD

SMOKY MEXICAN BEAN  
CHOPPED SALAD

CRUNCHY RANCH  
& EGG SALAD

COCONUT CHILLI  
CHICKEN SALAD

### DESSERTS

Marble  
Cake

Apple, Cinnamon  
Raisin Flapjacks

Orange and  
Mango Jelly

Banana Bread  
Muffins

Gingerbread  
Cookies

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
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Fresh Cut Fruit  
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HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
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**DELI KITCHEN**  
HOT GRAB & GO